**Power of Praising God.**

1. Christianity is the transformation from a stubborn person into a worshiper of God. It is important to know and understand what constitutes the biblical worship and praise. Today we want to talk about the power of praise. What is praise? Why should we praise God? How should we praise? What is the power of praise? What limits us from praising God?
2. **Praise**: celebrate, applaud, express admiration, cheer, eulogize. Praising God is to rejoice, pray, sing, and recognizing God for who God is, what he has done, doing, and will do for us. Praise is an attitude and act.

1 Chronical 16: 23-31 “Sing to the Lord, all the earth, proclaim his salvation day after day, declare his glory among the nations, his marvelous deeds among all peoples, for great is the Lord and most worthy of praise, he is to be feared above all gods.”

1. **Why should we praise God?** Revelation (4: 8-11)

* **Praise is constituent of the** kingdom of God. “…the living creatures’ day and night they never stop saying: holy, holy, holy is the Lord God Almighty. The 24 Elders fall before God, lay aside their crown and worship the one who lives forever saying ‘you are worthy to receive the glory and honor and power’”….
* God created everything, he is the Almighty. God paid the price for our salvation. “You are worthy, our Lord and God to receive glory and honor and power, for you created all things, and by your will they were created and have their being.” (Revelation 4: 11). Praising is what the kingdom of God is about.

**Does Jesus Christ, the Son of God, want excited, exuberant, enthusiastic praise?**

* “As he went along, people spread their cloaks on the road.When he came near the place where the road goes down the Mount of Olives, the whole crowd of disciples began joyfully to praise God in loud voices for all the miracles they had seen: “Blessed is the king who comes in the name of the Lord. “Peace in heaven and glory in the highest!”Some of the Pharisees in the crowd said to Jesus, “Teacher, rebuke your disciples!’’ “I tell you,” He replied, “if they keep quiet, the stones will cry out.” (Luke 19: 36-40)

1. **How should we praise God?**  To praise God, we need to know God, this is where the Bible comes in.

* **We have sacrificial praise**: Offering sacrifice to God as in the Old Testament Exodus (6-7). The apostle Paul wrote that we are living sacrifice to God (Romans 12: 1)
* **Lifting of hands:** as declaration of total dependence on God and proclaiming our love to our father. “Lift your hands in the sanctuary and praise the LORD.” Psalm (134: 2).
* **Bowing or kneeling**:” …that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.” (Philippians 2: 10-11)
* **Shout to praise the Lord. “**Shout for joy to the LORD, all the earth.” (Psalm 100: 1).
* **Applaud to God: “**Clap your hands, all your nations; shout to God with cries of joy.” **(Psalm 47: 1).**
* **Sing/play instruments:** “Praise him with the sounding of the trumpet, praise him with the harp and lyre, praise him with timbrel and dancing, praise him with the strings and pipe, praise him with the clash of cymbals, praise him with resounding cymbals.” (Psalm 150: 3-5)
* **But all that must happen if we know God. The less we know about God, the less we'll be able to praise God.**

The Lord says: “These people come near to me with their mouth and honor me with their lips, but their hearts are far from me. Their worship of me is based on merely human rules they have been taught.” (Isaiah 29: 13)

The whole life is to be a psalm of praise to God. Humans are called to praise God in whole: spirit, soul, heart, and body.

* **The soul** is made up of the mind, the emotion, and the will. Therefore, if we express praise to God. Our feelings and our emotions will be toward God in praise, and even our actions will glorify God.
* **The spirit** is the part of us that enters true worship of God in His holiness, and that will affect our mind and emotion, our will, our thoughts, our feelings, and our actions will expression of praise through the body.